

*"That beautiful season the Summer!
Filled was the air with a dreamy and magical light;
And the landscape
Lay as if new created in all the freshness of childhood."
Henry Wadsworth Longfellow*

Summer – that time of year when life slows down, barbeques light up, and family and friends come for visits; the sounds of children while they play or splash in water, the drone of cicadas on a hot afternoon. Lawn mowers roar, camp fires crackle and mosquitoes annoy. A time to take a deep breath and recharge.

Gardens flourish, with both the welcomed and unwelcomed plants. The battle rages between gardener and potato bugs, deer and neighbouring cats. Ah, but the joy abounds when you pick vegies, prepare them for the next meal and then sit back on the back patio and enjoy.

So much to make you happy – a day at the beach, a walk in the local park, a hike in the cool woods, a trip to visit a new place or some old friends; songs to sing on the beach under a starry sky or curled up in the hammock with a good book in the shade.

Whatever you choose to do or not do, enjoy the July days, from sun-up to sun-down!

